

## DENTAL FIRST AID KIT

(Use for a toothache, loose or broken crown, lost filling when there is no dentist around)

Tempanol Dental First Aid Kit (abt. \$7.00 in US drug stores) comes in a handy plastic case & has a dislodged tooth or crown storage container.

Tempanol Temporary Cap & Crown Cement (abt. \$4.99)

This filler will work faster & probably & better than the one in the kit above.

Syringe - to apply the oil of cloves inside the hole of a decayed tooth & around sore tooth. The Q-tip method that comes with the kits doesn't work as well in getting the medication to the spot needed.

Dental mirror - available at most drug stores in US

Tweezers -

Dental probe - Angled metal tool purchased at a US military surplus store.

Used to apply & pack filler material in tooth.

<http://www.majorsurplusnsurvival.com/index.htm>

Empty squeeze bottle - When filled with warm water, it is used as a pressure washer to clean out food particles from around and in teeth. This is done prior applying filler material. (The syringe can also be used for this)

Dental Floss -

Orthodontic wax – purchased separately at drug stores.

Used as tooth filler material & for people with braces.

Ambosol - A larger bottle to extended pain relief.

Oil of cloves (eugenol) - topical anesthetic

Q-tips - Used to dry tooth before applying filler material.

Small cotton balls - Used to dry tooth before applying filler material.

A pair of examining gloves & a small flashlight

A bag to keep everything in.

Copy of book "Where There is no Dentist" by Murray Dickson that explains procedures & equipment needed to treat dental emergencies.

online No dentist? article

<http://www.backwoodshome.com/articles2/arnet75b.html>

Adapted from info sent to the old discontinued [prep-gold@ldscn.com](mailto:prep-gold@ldscn.com) list