

Dealing with Planters Warts

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I don't know if anyone has any experience with Planter warts but they can be extremely annoying and hurtful. Doctors always seem to recommend that they be frozen off but the little buggers still manage to return. Often times they return larger and on occasion bring new additions with them. In either case it is important that when professionally removed the doctor must get to the root and remove it as well. Since they are a virus they tend to spread. Sometimes it seems like whatever you do fails to remove them. With that thought in mind I would like to present some ideas for those suffering from this ailment to try.

The first thing I will mention is the over the counter medications which are created specifically to remove these warts. There are small wart remover dots which one places on the wart and it dries it up and the little thing just falls right away. These are available at Wal-Mart's or other pharmacies in your area. The use of the advertised wart remover medications followed by the scraping of the dead parts seems to be of some significance.

On the area of folk medicine, we find some recommendations such as Apple Cider Vinegar. Pour Apple Cider Vinegar onto a cotton ball and tape it to your foot with a Band-Aid. Leave it on your foot for several days and the wart will die off. Once it is dead you can easily remove it without further problems. One person proclaimed that they had visited the doctor and he burned it off however it returned in triplicate. Instead of one they now had three growing on their foot. They next tried the vinegar on the cotton ball and within several days the wart turned black and was able to be easily removed. They also implied that this removal was accomplished with no pain what-so-ever.

You can also tape pieces of banana peel on the wart and that is supposed to kill it. Duct tape has been said to work very well on removing them. Just keep the duct tape on it until such time as it falls off. This will usually take place within 24 hours. Another is the slice of potato which my wife said worked well for her. Put the piece of potato on the wart and tape it in place.

An unusual method that I have been told about is while taking a shower is to get the water spout as hot as you can possibly stand it and then place the wart on it. I am told it is very hot and will hurt however the word has it that several of these sessions should remove the wart for good. Another attempt at removing these afflictions is to put nail polish on them in order to cut off the air supply and they will die resulting in easy removal.

There you have it – multiple options to get rid of those planter warts when they start to bother you. Once again use caution and think about what you are doing. Never accept one person's words for it but try to do your own homework. Good luck.