

## 66 Things You Can Grow at Home: In Containers Without a Garden

From apples and figs, to bananas, guavas and hops

Growing your own food is exciting, not only because you get to see things grow from nothing into ready-to-eat fruits and veggies, but you also don't have to worry about the pesticides they might contain, and you definitely cut down on the miles they—and you—have to travel.

If you're up to the challenge—and it really isn't much of one—growing your own food can be so rewarding. And so much cheaper! Just be sure to choose the right planter or container, learn how to maintain it properly, and go find yourself some seeds! (Or starter plants.) Like this idea? Be sure to check out these 6 Crazy Concepts for Micro Gardens That Actually Work to get inspiration for designing your own garden in a small space.

Here's a starter list of all the crazy things even urban gardeners, without space for a garden, can grow at home.



1. Apples can be grown in a container; you can also grow them on the balcony or other small space using a technique called espaliering.
2. Kumquats
3. Avocados (plenty of extra tips online if you search)
4. Blackberries

5. Blueberries (sometimes helpful videos are available online)
6. Pomegranate
7. Cherries
8. Figs
9. Pears



### **Citrus fruits**

Citrus trees in particular are said to be good for beginning gardeners and are easy to grow indoors, so don't let inexperience or lack of outdoor space stop you from enjoying fresh-picked, hyper-local fruit.

10. Dwarf oranges
11. Grapefruit
12. Tangerines
13. Meyer lemons
14. Limes

### **Tropical fruits**

Tropical fruits can also be surprisingly easy to grow indoors, even in non-tropical climates. Such as...

15. Bananas (look for container gardening tips online)
16. Pineapple
17. Papaya
18. Guavas (several varieties)

### The real surprises



19. Hops—yes, as in the "spice" ingredient in beer. Turns out they're easy to grow!

20. Aloe Vera

21. Strawberries

22. Tea (well, herbal tea)

23. Quinoa!

### The non-surprises



24. Tomatoes

25. Summer squash

26. Other squashes, like acorn and pumpkin

27. Hot Peppers

28. Sweet peppers

29. Cucumbers

## Melons

30. Small cantaloupe
31. Jenny Lind melon (an heirloom cantaloupe)
32. Golden Midget Watermelon

## Herbs



Just about any herb grows well indoors—just be sure that if you're going to do any container-sharing, you do your research first about which herbs co-habitate well together. (Some will hog water, for example, and leave the others dried out.)

33. Basil
34. Oregano
35. Parsley
36. Rosemary
37. Chives
38. Catnip
39. Thyme
40. Sage
41. Parsley

## Leafy Greens



42. Kale
43. Mesclun greens
44. Spinach
45. Swiss chard
46. Lettuces (plenty of options there, from micro-greens to head or loose-leaf)
47. Mustard greens
48. Collard greens
49. Arugula

### **Root Vegetables**

50. Carrots
51. Beets
52. Potatoes

### **Other healthy-sounding stuff**

53. Sprouts
54. More sprouts: mung bean and lentil sprouts
55. Wheatgrass



56. Kohlrabi

57. Turnips

58. Rutabagas

59. Celeriac

60. Parsnips

61. Jerusalem Artichoke

62. Sugar snap peas

63. Rhubarb (not ideal in a container, but it can work)

64. Mushrooms (again, more tips online if you look)

65. Pole Beans

66. Asparagus, although some disagree that it does well in a container. Try it if you're ok with a risk!

*Retrieved from <http://greenspotpermaculture.blogspot.com/2010/12/66-things-you-can-grow-at-home-in.html>*