

## And yet another Preparedness List

By Joseph Parish



Once again, I wandered around the net and discovered more items that should be enclosed in our preparedness kit for a rapid and quick getaway should we need to leave an area quickly. On our web site you can readily find list after list after list. I think the key to using these lists is to continually compare them and add those items which you deem would be beneficial for you and your family. No one person can complete a list that would serve the purposes for everyone. The final selection of items rests in your hands.

At Delmarva Survival Training we have thousands upon thousands of pages of material on survival. In fact we have so much that we cannot post it all on the site. I have found that saving all this material is the easy part but now comes the more difficult assignment of categorizing it. I attempted this task last year but never completed it. Perhaps as a New Year's resolution I will attempt it again this coming year.

As I stated above here is the additional preparedness listing. Keep in mind that this list reflects those items to be taken with you not to be kept in the home. That would be an entirely different list.

### **CAMPING EQUIPMENT**

- Ax

- Bungee cords
- Hatchet
- Lanterns
- Rope
- Sleeping Bags
- Stoves
- Tarps, Tents
- Tent Stake Bag Fully Loaded Up

#### **CLEANERS**

- Dish/pot/pan cleaners
- Laundry soap

#### **COOKING/FOOD PREPARATION SUPPLIES**

- Baking Soda
- Cooking oil or Shortening
- Yeast

#### **COOKING HARDWARE**

- Cast iron cook set - all items including coffee pot
- Cooking Utensils
- Dutch Oven
- Frying Pans

#### **COMMUNICATIONS**

- Baygen Radio/Solar Cell/Light
- Frequency Lists/Handbooks
- Handheld AM/FM Radio
- Power inverter for the car
- Roof Antenna for CB
- Tape recorder to tape monitoring

#### **EATING SUPPLIES**

- Cups
- Paper plates
- Plastic Silverware

#### **ENERGY ITEMS**

- Generator, batteries
- Solar battery re-charger and batteries

#### **FUEL ITEMS**

- Gasoline
- Motor Oil
- Propane

### **FOOD STORAGE**

- Food storage bags
- Tupperware

### **HEAT**

- Blankets
- Warm clothing

### **HUNTING EQUIPMENT**

- Ammunition
- Cleaning/care item
- Weapons

### **ITEMS TO ENHANCE THE FOOD**

- Chili Powder
- Dried Cheese Powder
- Honey
- Peanut butter
- Pepper
- Rice and Beans
- Salt
- Sugar
- Various Herbs and Spices

### **LAUNDRY ITEMS**

- Wash boards

### **LIBRARY**

- Family preparedness handbook
- Food Storage
- Gardening
- Medical
- Survival handbook
- Survival library on CD's or portable hard drive
- Water Storage

### **LIGHTING**

- Candles
- Flashlights
- Kerosene Lamps
- Oil lamps

### **MEDICAL/FIRST AID ITEMS**

- Alcohol
- Antacids
- First Aid Kit
- Hydrogen Peroxide
- Medicine
- Ointments
- Prescription drugs
- Shelf Medicines

### **MISCELLANEOUS ITEMS**

- Markers
- Paper
- Paper Bags
- Pencils
- Plastic bags

### **PERSONAL HYGIENE ITEMS**

- After Shaves/Cologne/Perfume
- Deodorant
- Feminine Pads
- Personal packs
- Razors
- Shampoo
- Shaving Cream
- Soap
- Toothpaste

### **PERSONAL RECORDS/PAPERWORK**

- Birth Certificates
- Family member/Assets/Warranties/Insurance file box
- Medical Records
- Social security cards
- Taxes and Major Financial Events Box
- Vaccination records

### **PRIMARY FOODS**

- Bulk dehydrated fruits/vegetables
- Canned Foods
- Cocoa
- Coffee
- Creamer
- Kool aid
- Pasta
- Powdered milk
- Ramen Noodles
- Wine

### **SURVIVAL ITEMS**

- Make list from Family Survival handbook
- Military quality survival knife

### **TOILET ITEMS**

- Lime
- Picks
- Shovels
- Toilet paper

### **TOOLS**

- You should have a tool kit packed and ready to go.

### **WATER SUPPLIES**

- Iodine Tablets
- Silver Tablets
- Water filtration system
- Water jugs

### **PLANNED EXIT SCENARIO**

The key to successfully departing an area is to keep your vehicles gassed up and ready to leave at a moment's notice. You should make all the necessary contingency plan that would get you away from the center of disturbances as quickly as possible. All your necessary camping gear should be checked before time and properly packed. You will more then likely need a small utility trailer to tote much of your supplies in. In this trailer you should have several large gas cans or if you have another person going along with you have the second vehicle pull a gas trailer which could contain 150 and up to 300 gallons of fuel. It goes without saying that you should have your bags already packed and ready for departure. Have several large totes packed and sitting in a coat closet waiting to be loaded. Have your primary and secondary routes completely planned. Include the following items in your plans.

- Atlas
- Map
- Trailer with connection

### **EMERGENCY LAST MINUTE ITEMS**

As some of your very last items that you may need to accomplish you should consider withdrawing all your cash from the bank and having it in your hands. Close out any savings accounts that you may have. Keep a supply of checks, credit cards and prepaid cards of various kinds on hand.

Well that about wraps it up but let's face it if anything can go wrong it will. Therefore, these unexpected occurrences will also have to be taken into consideration. Car chips can develop problems or go bad so you may wish to carry an extra one with you. Chaos is sure to develop in the cities and your goal will be to get out ASAP.

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